

# RDX SERIES

RDX ONE H9140

**BH**

R.R.P.



Indoor cycling

Designed for regular workouts between 3 and 7 hours a week, the new RDX One offers an enhanced user experience when cycling due to its magnetic braking system and rear wheel design, you can perform a smooth and silent workout at any time of the day.



Monitor

### Measurements:

Time, Speed, Distance, Calories

- Max. user weight: 100Kg
- Weight: 32Kg
- Dimensions: 140cm x 50cm x 122cm
- Flywheel: 18Kg



### MAGNETIC BREAK

The magnetic braking system ensures a silent and smooth workout.



### REAR INERTIAL SYSTEM

It has a rear wheel design with protective wheel cover that protects it from perspiration and so extending its useful life.



### MODERN AND STYLISH DESIGN

In addition to having prominent features, the RDX One has a modern and appealing design.



### MULTI-ADJUSTMENTS

Multi-position adjustment levers situated on the saddle and handlebars that enable the correct training position.



Specs	RDX One H9140
Use frequency	Regular
Maximum user weight	100Kg
Flywheel	18Kg
Braking system	Magnetic
Transmission	Poly-V belt
Flywheel cover	Yes
Handlebar	Triathlon
Handlebar adjustment	Horizontal and Vertical
Saddle adjustment	Horizontal and Vertical
Pedals	Strap
Length	140 cm
Width	50 cm
Height	122 cm
Weight	32 Kg
Programs	
Preset programs (Prg)	No
Intensity levels	-
Random program (RP)	No
Customizable profiles (uprg)	No
Fitness test (FT)	No
Heart rate control program (HRC)	No
Recovery Program (RT)	No
Body Fat test (BF)	No
Monitor	
Monochrome LCD screen	Yes
Blue backlit LCD monitor	No
Monitor with HIIT by BH training scheme	No
Universal holder for Smartphones and/or tablets	No
Telemetric heartrate	No
Bluetooth heartrate	No
iConcept	No

 Notes